



### How to Prepare the New Moon Seed Packet

Print this page on 8.5x11 paper.

Cut out the seed packet and the insert.

Fold the packet in the places noted with the side and bottom tabs covering the back panel.

Glue or tape the tabs onto the back panel.

To close the packet, fold the top tab down and seal or push into the packet, whichever you prefer.

The Seed I Plant

Date:

Some Leo New Moon Themes  
Creativity, Leadership, Children, Joy, Love, Generosity

On the day of the New Moon, write a brief statement about the seed you are planting.

Insert the statement into the packet. You might want to dab a bit of essential oil on the statement to give it a special scent.

You can add things to the packet that are helpful for visualizing your dream. You can include items related to Leo to strengthen the packet: a real sunflower seed, some herbs of Leo (chamomile, rosemary, saffron, mustard seed, rice, turmeric) or drop in a small yellow crystal to represent the Sun, Leo's ruling planet. Include some pictures or photos that inspire you. The important thing is that the symbols are meaningful to you.

Place the packet in a place where you will find it in six months at the Full Moon in Aquarius when the results of your New Moon wishes will be illuminated.